

# Soul Food

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**Choregraphie par :** Silvia Schill (DE)

**Description :** 32 temps, 4 murs, Débutant, Août 2021

**Musique :** Soul Food – Keith Urban

**The dance begins after 48 beats with 'Every Night That I've Been 2'. Update 15.08.2021 – no restarts, no tags**

## **Rock side, shuffle across r + l**

- 1-2 Step right with right – weight back on LF
- 3&4 Cross RF far over left – small step left with left and cross RF far over left
- 5-6 Step left with left – weight back on RF
- 7&8 Cross LF far over right – small step right with right and cross LF far over right

## **Side, behind, ¼ turn r/chassé forward, step, pivot ½ r, shuffle forward**

- 1-2 Step right with right – cross LF behind right (bend knees a little)
- 3&4 ¼ turn right around and step forward with right – move LF next to right and step forward with right (3 o'clock)
- 5-6 Step forward with left – ½ turn right around on both balls, weight at the end right (9 o'clock)
- 7&8 Step forward with left – move RF next to left and step forward with left

## **Rocking chair, step, pivot ½ l 2x**

- 1-2 Step forward with right – weight back on LF
- 3-4 Step back with right – weight back on LF
- 5-6 Step forward with right – ½ turn left around on both balls, weight at the end left (3 o'clock)
- 7-8 As 5-6 (9 o'clock)

## **Jazz box with cross, side, touch/snap r + l**

- 1-2 Cross RF over left – step back with left
- 3-4 Step left with left – cross RF over left
- 5-6 Step right with right – touch LF next to right/snap
- 7-8 Step left with left – touch RF next to left/snap

**Repeat to the end**

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