

# Keep Up If You Can (a.k.a Dancin' Boots)

COPPER KNOB  
STEPSHEETS

Count: 32

Wall: 4

Level: High Beginner



Choreographer: Hana Ries (USA) - October 2021

Music: These Boots Were Made to Dance - Clayton Smalley & Timothy Baker

Intro 16 Counts - CW Rotation

Alt. Music: Don't Go Yet by Camila Cabello (No Tags, 2 Restarts)

Intro: 48 Counts

(Read: R=right foot, L=left foot, fwd= forward)

**HEEL TAPS, WEAVE, HEEL TAPS, MODIFIED WEAVE (12:00→12:00)**

- |     |  |
|-----|--|
| 1-2 | Tap R heel fwd on right diagonal, Tap R heel fwd on right diagonal |
| 3&4 | Step R behind L, Step L to left, Cross R over L                    |
| 5-6 | Tap L heel fwd on left diagonal, Tap L heel fwd on left diagonal   |
| 7&8 | Step L behind R, Step R to right, Step L forward                   |

**HEEL, TOE, PIVOT ½ TURN, KICK-BALL-CHANGE, BIG STEP, DRAG (12:00→6:00)**

- |     |   |
|-----|---|
| 1-2 | Tap R heel forward, Tap R toe back  |
| 3-4 | Step R forward, Turn ½ left stepping down on L                                    |
| 5&6 | Kick R fwd, Step down on ball of R, Step L next to R                              |
| 7-8 | Big step R fwd slightly on right diagonal, Drag L next to R (keeping weight on R) |

**WALK BACK, ROCK BACK/RECOVER, STEP FORWARD, PIVOT ¼ TURN (6:00→3:00)**

- |         |  |
|---------|--|
| 1-2-3-4 | Step L back, Step R back, Step L back, Step R back |
| 5&6     | Rock L back, Recover to R, Step L fwd              |
| 7-8     | Step R fwd, Turn ¼ left stepping down on L         |

Option Clap hands as you walk back on "and" counts between steps

**CROSS, STEP, CROSS, STEP, MODIFIED JAZZ BOX (3:00→3:00)**

- |         |   |
|---------|---|
| 1-2-3-4 | Cross R over L, Step L to L, Cross R over L, Step L to L              |
| 5-6-7-8 | Cross R over L, Step L slightly back, Step R to right, Cross L over R |
- Styling Dip on counts 1 and 3 bringing your left shoulder forward and across

**REPEAT**

**TAG (Only when dancing to "These Boots Were Made to Dance)**

At the end of wall 2 (6:00), 4 (12:00), 7 (9:00)

- |       |  |
|-------|--|
| 1-2-3 | Tap R heel fwd on right diagonal, Tap R heel fwd on right diagonal, Step R next to L |
| 4-5-6 | Tap L heel fwd on left diagonal, Tap L heel fwd on left diagonal, Step L next to R   |

**NO TAGS BUT 2 RESTARTS (Only when dancing to "Don't Go Yet")**

Restarts are on wall 4 and on wall 7. Dance the first 16 counts, and as you drag your L next to R on count 16 switch weight from R to L, then restart the dance from beginning. You will be facing 3:00 both times the restart happens.

Last Update - 25 Oct. 2021